

# MOON CYCLE CALENDAR

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## TRACK YOUR CYCLES

The simple act of plotting our cycles with the Moon Cycle Calendar can have quite a profound affect on our health. It brings us in touch with the dynamism of the body and our cyclical natures. The Moon Cycle Calendar wall chart is a simple tool with which we can do just this. Now available for 2025 for the Southern Hemisphere.

## MOON CYCLE CALENDAR 2025



The Moon Cycle Calendar wall chart shows the months in 28 day columns, enabling comparison between your cycle and that of the Moon. Available as parchment paper or download.

- Researched and Handwritten by Shekhnah
- Illustrated by Jude Baderle
- A3 (42cm x 80.5cm)
- Moon Phases
- Astrological Transits
- Sabbats At A Glance
- Southern Hemisphere - Australia, New Zealand, Pacific Nations

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HI, I'M SHEKHINAH

I live in beautiful Gumbaynggirr country on the East coast of Australia where I feel immersed in the natural world around me. This is the country that supported me to research, write and produce the Moon Diary which I did for 27 years.

My work is about providing tools, images, stories and myths from diverse cultures worldwide, from ancient times to the present day, that reflect us back as women, so that we can continue to reclaim our embodied spiritual pathways.

My daily hours in the garden keep me close to the earth and continuously teach me about the cycles of nature and my own resonance with Her.

Alongside this, I am a textiles artist working with recycled natural fibres. I love to hand stitch and I forage for plant materials with which to print. I'm inspired by the traditions of many cultures.

My practice is to live a sustainable, handmade life in connection with this breathtaking planet on which I dwell.

I began producing the Moon Cycle Calendar in 2000 in conjunction with the \*Moon Diary business. And so it continues.

\*The Moon Diary business lives on and is now in the capable hands of Nicole French.

Want to hear more about Moon Cycle Calendar?

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